

Ice Granite



Chef Paul Froggatt
- Saint Pierre -



*The
Perfect Meal*

Episode 3

Ingredients

6 pcs Green apple
½ Watermelon
6 pcs Mango
10 gm Agar agar powder
1 L Water
Rose essence

Method

- 1) Puree/juice the fruits
- 2) Freeze the puree
- 3) Add rose essence with water and agar agar powder. Chill.
- 4) Cut and grate agar agar.